

# Mental Health Week 2018

Proudly Sponsored by:  
People for Equal Partnership in Mental Health (PEP)  
North Bay Recovery Home (NBRH)  
Community Counselling Centre (CCC)

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## Mental Health and Addiction Day Thursday, May 10th, 2018 Agenda

- 09:45 a.m.** Welcome and opening remarks from:  
**John Bowcott**, Executive Director, PEP  
**Wendy Prieur**, Executive Director, NBRH  
**Mary Montgomery**, Manager, CCC
- 10:00 a.m.** “**Mental Health and Addiction.. My Story**”  
10:00 a.m. Presenter: Donna Foget  
10:30 a.m. Presenter: Julie Desgresseilliers  
11:00 a.m. Presenter: Michael Fagg  
11:30 a.m. Presenter: Kristopher Burton
- 12:00 p.m.** Special Lunch: Sponsored by: PEP, NBRH and CCC
- 01:00 p.m.** “**Marijuana: it’s impact on you and your children’s health?**”  
Presenter: Dr. Ralph Dell’Aquila M.D., C.C.F.P., M.R.O.  
Nurture North Mindful Active Recovery Clinic  
North Bay, ON.
- 02:00 p.m.** **Refreshments**  
Sponsored by: PEP, NBRH and CCC
- 02:15 p.m.** We Want To hear Your Questions  
Presenter: Dr. Ralph Dell’Aquila
- 03:00 p.m.** Thank you and closing remarks from **John Bowcott**,  
**Wendy Prieur**, and **Alan McQuarrie**

This event is at:  
**People for Equal Partnership in Mental Health**  
**351 Ferguson St, 3rd Floor, North Bay, ON. P1B 1X1**