

# Mental Health and Addiction Day

## Thursday, May 09th, 2019

Proudly Sponsored by:  
People for Equal Partnership in Mental Health Nipissing (PEP)  
North Bay Recovery Home (NBRH)  
Community Counselling Centre (CCC)

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### Agenda

- 09:45 a.m.** Welcome and opening remarks from:  
**John Bowcott**, Executive Director, PEP  
**Wendy Prieur**, Executive Director, NBRH  
**Cris Redden**, Program Director, CCC
- 10:00 a.m.** “Promoting Success”  
By: Erin Plourde  
Student Navigator, NPREP  
Canadore College of Applied Arts and Technology
- 10:30 a.m.** “NBNPLC New in the Neighbourhood”  
By: Shellie Beckley, Reg. Nurse,  
North Bay Nurse Practitioner Led-Clinic, Downtown site
- 11:00 a.m.** “Peer Support -Building the Community”  
By: Dr. Ralph Dell’ Aquila  
Nurture North M.A.R. Clinic (Mindful Active Recovery)  
**Jen Farrell**  
Peer Support Worker
- 12:00 p.m.** **Special Lunch:** Sponsored by: PEP, NBRH and CCC
- 01:00 p.m.** “Rapid Access Addiction Medicine (RAAM) Clinic”  
By: Jenna Marasco , RAAM Clinic Navigator/Coordinator
- 01:40 p.m.** “Over the Influence”  
By: Brooke J. Bertrand , Addictions Therapist
- 02:00 p.m.** **Refreshments**  
Sponsored by: PEP, NBRH and CCC
- 02:15 p.m.** **Video Dance Party:** Sponsored by PEP, NBRH and CCC
- 03:30 p.m.** Thank you and closing remarks from:  
**John Bowcott, Wendy Prieur, and Cris Redden**

This event is at:  
People for Equal Partnership in Mental Health Nipissing (PEP)  
351 Ferguson St, 3rd Floor, North Bay, ON. P1B 1X1